Ski Cubs Pre-Program Survey

Read each sentence and circle the option that is true for you.

		No		Maybe		Yes
1.	I can put on ski boots.	1	2	3	4	5
2.	I can use skis and bindings.	1	2	3	4	5
3.	I can use ski poles.	1	2	3	4	5
4.	I can ski on flat trails.	1	2	3	4	5
5.	I can ski on hills or steep trails.	1	2	3	4	5
6.	I like being outside in winter.	1	2	3	4	5
7.	I want to ski more.	1	2	3	4	5
8.	I want to do more winter activities (snowshoeing, hiking, skiing, etc.)	1	2	3	4	5
9.	I know what to wear to stay warm in the winter.	1	2	3	4	5
10.	I don't give up, even when things are hard.	1	2	3	4	5
11.	I am comfortable facing challenges.	1	2	3	4	5
12.	I am good at figuring things out.	1	2	3	4	5
13.	I get a lot of exercise while skiing.	1	2	3	4	5

Flip to other side.

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You Are Done!